

WEST BENGAL AYUSH SAMITY
District Health & Family Welfare Samity, South 24 Parganas
Office of the Chief Medical Officer of Health
Administrative Building, M.R. Bangur Hospital Complex (2nd Floor)
241, Deshpriya Sashmal Road, Tollygunge, Kolkata-700033. W.B.

Memo No.: CMOH(SPG)/AYUSH/7057.

Date: 27.1.2023

RECRUITMENT NOTIFICATION FOR YOGA INSTRUCTOR (MALE & FEMALE) ON CONTRACTUAL AND TEMPORARY BASIS AT ALL AYUSH HEALTH & WELLNESS CENTRES UNDER SOUTH 24 PARGANAS DISTRICT FOR PERMANENT RESIDENT OF WEST BENGAL

South 24 Parganas District Health & Family Welfare Samity will engage PERMANENT RESIDENT of West Bengal for Yoga Instructors (Male & Female) for different AYUSH Health & Wellness Centres (HWC) under South 24 Parganas District purely on contractual and temporary basis, initially for a period of one year and such engaged personnel shall be renewed based on their satisfactory performance to be monitored by CMOH and DMO (AYUSH).

Duties and responsibilities and remuneration of the deployed Yoga Instructor (Male and Female) shall be as per the NAM guidelines for AYUSH HWC and is annexed herewith (Annexure-I).

Total Vacancy : Male 11 & Female 11

REMUNERATION:

Male : Rs. 8000/- month for 32 yoga sessions @ Rs.250/- per session.

Female : Rs. 5000/- month for 20 yoga sessions @ Rs.250/- per session.

Applicants are advised to write their choice of place of posting while applying for. Following are the HWC centres where the vacancies are exist:-

1. Basanti SAD at maheshpur PHC
2. Raghunathpur SAD at Birajlakshmi PHC
3. SAD, JOYNAGAR
4. SAD Sonarpur
5. SHD Bishnupur East, Chandi Daulatabad BPHC
6. SHD Kultali Merrigunge, Indrapala PHC
7. SHD Canning II, Narayanpur GP
8. SHD Gobindanagar, Tabmbuldaha GP
9. Nalgora SHD at Nalgora PHC
10. Bhangar SHD at Bhangar PHC
11. Nungi SHD

Applications are invited from candidates having the following eligibility criteria:-

Sl No.	ELIGIBILITY CRITERIA
01.	Secondary / Madhyamik examination passed.
02.	Certificate/Diploma/Degree in Yoga affiliated by the West Bengal Council of Yoga and Naturopathy (WBCYN).
03.	Candidates must be registered with West Bengal Council of Yoga and Naturopathy (WBCYN).
04.	Candidate must be a permanent resident of West Bengal.
05.	Age not more than 40 years as on the date of advertisement.

Eligible candidate should apply **by Post** in the **Prescribed Format (attached herewith)** to the **address given above**. Application form not properly filled in or incomplete is liable to be cancelled. All the essential & desirable qualification/eligibility criteria must be completed on or before the date of apply. Self attested photocopies of all the essential testimonials/certificates/mark sheets etc. need to be submitted along with the application.

Last Date for sending of application : 15 August 2023.

The following **self attested photocopies** of the documents need to send along with the application. **Original** documents must be brought for verification whenever asked for:

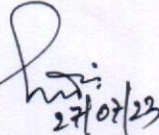
- Proof of Permanent Resident of West Bengal of the candidate (Passport/Voter Card/AADHAAR Card).
- Proof of Photo Identity of the candidate (Passport/Voter Card/AADHAAR Card/PAN Card).
- Proof of age (Secondary or equivalent examination certificate).
- All mark sheets, certificates of educational & Yoga qualifications (Secondary/Madhyamik; Certificate/Diploma/Degree in Yoga affiliated by West Bengal Council of Yoga and Naturopathy - WBCYN).
- Registration certificate of the candidate with West Bengal Council of Yoga and Naturopathy (WBCYN).
- Caste certificate (For SC/ST/OBC).

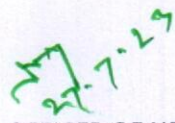
Candidates have to appear for Documents Verification, Demonstration of Yoga and Interview whenever asked for at their own expenses.

The recruitment process including scoring of different criteria will be done as per the Terms of Reference (TOR) issued by the Competent Authority. The decision of the Selection Committee regarding the selection process & recruitment is final.

Selection will be made on the basis of marks obtained by the candidate as per the criteria given below, the total marks being 50 (Fifty):

SL. NO.	CRITERIA	MAXIMUM MARKS
1.	Secondary / Madhyamik examination (Proportionate marks will be considered)	15
2.	Certificate / Diploma / Dergee in Yoga	15
3.	Demonstration	10
4.	Interview	10
	TOTAL	50


DISTRICT MEDICAL OFFICER (AYUSH)
SOUTH 24 PARGANAS


CHIEF MEDICAL OFFICER OF HEALTH
SOUTH 24 PARGANAS

Affix recent Passport
size Photograph duly
self attested

To
The CMOH, South 24 Parganas.
Administrative Building, M.R. Bangur Hospital Complex (2nd Floor)
241, Deshpran Sashmal Road. Tollygunge, Kolkata-700 033. WB.

1. Post Applied For : Yoga Instructor.
2. Name in Capital Letters :
3. Father's/Guardian's Name:
4. Address for Communication :- C/O
 - a) Village/Town
 - b) P.O.
 - c) P.S.
 - d) Dist.
 - e) PIN
 - f) Mobile No.
 - g) Email ID
5. Date of Birth :
6. Age (as on date of advertisement):
7. Sex:
8. Marital Status :
9. Nationality :
10. Voter Id/ AADHAAR No. :
11. Category (Gen/SC/ST/OBC etc):
12. Choice of place of posting :
13. Educational Qualification :
14. Qualification on yoga (Minimum One year Certificate course on YOGA by WBCYN):
15. List of enclosures:
 - Age Proof (Secondary or equivalent examination certificate)
 - Residential & Photo Identity Proof(Passport/Voter ID/AADHAAR)
 - Educational Qualification certificate/mark sheet
 - Yoga certificate/mark sheet
 - Registration certificate with West Bengal Council of Yoga and Naturopathy (WBCYN)
 - Caste certificate

I hereby solemnly declare that particulars furnished above are materially proof correct and complete to the best of my knowledge. In case of any discrepancy, my candidature is liable to be cancelled summarily and rejected by the selection committee without any notice.

Date
Place

Full signature of the applicant



Duties and responsibilities of deployed Yoga Instructor (Male and female)

Yoga Instructor:

1. Conduct minimum 32 Yoga sessions with minimum of one hour per session at AYUSH HWC, schools and at community level each month as per sessions scheduled by CHO (20 sessions at AYUSH HWCs and remaining 12 sessions at outreach level).
2. Out of 32 Yoga sessions, at least 2 hours of IEC program to be conducted in the community in a month
3. Capacity building of ASHAs and ANM / MPW or any other volunteer in aspect of Yoga
4. Help CHO, ANM and ASHAs for conducting awareness campaigns.
5. Help in documentation and reporting related to Yoga component including monitoring ASHA / ANM.
6. Conduct at least two Yoga awareness campaigns in a year at community level.

Yoga Instructor (Female):

1. To conduct 20 Yoga classes with minimum of one hour per session for female group wherever required, as per sessions scheduled by CHO
2. Coordinate with the other Yoga Instructor for successful advocacy of Yoga component in the community.

Remuneration

- **Yoga Instructor:** Rs 8000/- per month (Eight thousand rupees per month);
32 sessions @ Rs 250/- per session
- **Yoga Instructor (Female):** Rs 5000/- per month (Five thousand rupees per month);
20 sessions @ Rs 250/- per session

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